

Relief from debts & anxiety

Abu Said Al-Khudri Radiyallahu 'anha narrates that Rasulullah (S.A.W) entered the Masjid one day and he saw a man from the Ansar, called Abu Umamah. He said: *O Abu Umamah! What is the matter? I see you sitting in the Masjid aloof, other than the time of Salah.*

Abu Umamah (R.A) said: I am surrounded by anxieties & debts O Rasulullah! He said: *Should I not teach you a Dua, when you invoke it, Allah will remove your anxieties and get your debts paid off.* Abu Umamah (R.A) said: Yes verily, O Rasulullah! He said: *Say in the morning and in the evening:*

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَأَعُوذُ بِكَ
مِنَ الْعَجْزِ وَالْكَسَلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ
وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

Abu Umamah (R.A) says: *So I did that. And indeed Allah removed my anxieties, and cleared all my debts.*
(Abu Dawud)